MIT MEDICAL

Safe Travel Tips
BE PREPARED!

- Contact MIT Travel Clinic
  - https://medical.mit.edu/services/travel-health-clinic
  - 617-258-9355
  - HealthELife Patient Portal

- Gather Information
  - Itinerary
  - Immunization Records
  - CDC Traveler’s Health: www.cdc.gov/travel
TRAVEL CONSULTATION

- Update Immunizations
  - Yellow Fever
  - Typhoid, Hepatitis A

Review:
- Food and Water Safety
- Motor Vehicle Safety
- Mosquito Precautions
  - malaria, dengue, zika
- Plan for chronic medical and mental health conditions
DON'T DRIVE

https://extranet.who.int/roadsafety/death-on-the-roads/#ticker
Return to Travel

ENABLING SAFE TRAVEL IN A COVID-19 ENVIRONMENT