

MIT MEDICAL

Safe Travel Tips



BE PREPARED!

- **Contact MIT Travel Clinic**

- <https://medical.mit.edu/services/travel-health-clinic>
- 617-258- 9355
- HealthELife Patient Portal

- **Gather Information**

- Itinerary
- Immunization Records
- CDC Traveler's Health: www.cdc.gov/travel



TRAVEL CONSULTATION

- Update Immunizations



Yellow Fever

Typhoid, Hepatitis A

Review:

- Food and Water Safety
- Motor Vehicle Safety
- Mosquito Precautions
 - malaria, dengue, zika
- Plan for chronic medical and mental health conditions



DON'T DRIVE

<https://extranet.who.int/roadsafety/death-on-the-roads/#ticker>





Return to Travel

ENABLING SAFE TRAVEL IN A COVID-